



# LEISURE ISSUES AND NEWS

Newsletter of RC13 of ISA

Volume VII. Number 1 & 2. Summer & Winter 2013

Editor : Veena Sharma

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## **Leisure Newsletter**

### **President's Message**

Dear and Esteemed Colleagues,

It was such a great pleasure meeting and interacting with nearly 80 participants from 14 countries spread over several continents on the occasion of the ISA RC 13 Midterm Conference organized by the Institute of Applied Health Sciences and Health Promotion, JuhászGyula Faculty of Education, University of Szeged, Szeged, Hungary during 18.-20, September, 2013 on the theme of Leisure, Health and Well-being. Szeged Affiliation of the Hungarian Academy of Sciences, Scientific Committee on Medical Sciences, Working Committee on Health Promotion was the co-organizer of the conference. The impressive Opening Ceremony of the conference took place at the spectacular Town Hall of Szeged with Dr. Klara Tarko as Chair of the Ceremony. Welcome speeches were delivered by the Rector of the University of Szeged, Prof. Dr. Gabor Szabo, and President of the Affiliation of the Hungarian Academy of Sciences, Hungary, Prof. Dr. Imre Dékány. The welcome speeches were followed by the Award Ceremony of the "For Health Promotion" Plaque presented to Prof. Dr. Ishwar Modi, President of the ISA Research Committee on Sociology of Leisure and Director, India International Institute of Social Sciences as a complement for his outstanding work in Health Promotion. The award ceremony was followed by the welcome speech of the Master of Ceremony, Prof. Zsuzsanna Benko, President of the Working Committee on Health Promotion, Scientific Committee on Medical Sciences, Szeged Affiliation of the Hungarian Academy of Sciences, Hungary and Head of the organizing Institute. President of Health Care and Social Committee of the Mayor's Office, Szeged, Hungary, Dr. Jozsef Kozma also welcomed the delegates of the Conference. The first Plenary Session of the conference was addressed by the President of ISA RC 13, Prof. Dr. Ishwar Modi on the theme of Leisure, Health and Well-Being: The Ultimate Quest of Humanity and such high profile speakers as Mr.Zoltán Pokorni, Mayor of Hegyvidék district of Budapest, Dr.habil. Zsolt Demetrovics, EötvösLoránd University, and Prof. Dr.György Csepeli, President of the Hungarian Sociological Association. On the whole, the Szeged Conference of RC 13 was a fulfilling experience for all the participants and the organizers of the conference. The whole program of the conference is also placed in this issue of the Newsletter.

Even before the ISA RC 13 Midterm Conference was over almost by the end of September 2013, hectic activities of the 18th ISA World Congress of Sociology were in full swing. By that time the deadlines for Call for Sessions:

15 January, 2013; Proposals for Integrative Sessions: 15 January, 2013; Call for Papers: 7 April, 2013;

Abstracts submission: 3 June – 30 September, 2013 were already over. As Program Coordinator of ISA RC 13 for the Yokohama World Congress, I had to immediately swing in action to meet the deadlines for Abstracts selection: 4 October – 24 November, 2013; and issue of Notification letters: 30 November, 2013. It is a matter of great pleasure for me to report that as many as 120 abstracts by nearly 140 authors / joint authors were received for the RC 13 sessions and joint sessions. The guidelines of the Congress to accept not more than 4 - 5 papers for oral presentations in a session made the task of the acceptance of the abstracts fairly difficult. Quite a few of those whose abstracts could not be accepted for oral presentation withdrew their participation. However, on the whole it could become possible to adjust a large number of papers due to the liberal and cooperative support of the Congress System. We may take due pride and satisfaction that on the whole ISA RC 13 would be organizing 11 independent sessions and 11 joint sessions with the ISA RC 04 Sociology of Education, RC 06 Family Research, RC 07 Futures Research, RC 14 Sociology of Communication, Knowledge and Culture, RC 15 Sociology of Health, RC 28 Social Stratification, RC 32 Women in Society, RC 34 Sociology of Youth, RC 50 International Tourism, RC 53 Sociology of Childhood, and RC 54 The Body in the Social Sciences. In the spirit of accommodation RC 13 agreed that RC 14, RC 28 and RC 54 would be the host committees of our joint sessions with them. The Call For Papers and Program of the sessions and joint sessions of ISA RC 13 planned for the Yokohama Congress may be seen elsewhere in this newsletter. I do hope that all those colleagues whose abstracts have been accepted for RC 13 sessions and joint sessions, would be joining us in Yokohama.

Keenly looking forward to meeting and interacting with a good number of RC 13 Members and many other colleagues who are making presentations at the ISA RC 13 sessions and joint session at the 18th ISA World Congress of Sociology, Yokohama, Japan and with best wishes and regards,

Ishwar Modi

President ISA RC 13

Email: [iiiss2005modi@yahoo.co.in](mailto:iiiss2005modi@yahoo.co.in)

## **Leisure Newsletter**

### **Secretary's Note**

The mid-term Conference at Szeged, Hungary was held in a very warm and friendly environment. The host committee led by Prof. Susana Banko and Dr. Klara Tarko made every attempt to ensure that the stay was comfortable and fulfilling. The sessions also brought some new areas of exploration as can be seen from the attached programme.

The location of the Conference enabled members from the Eastern and Central European countries to participate more easily. It was interesting to hear of their areas of concern and research.

The large number of papers, leading to the need for parallel sessions once again showed that the RC is continuing to gain strength and encourage scholars to research in this field.

We look forward to a similar response at the Yokohama World Congress. The general Programme for that is also given in this Newsletter.

All should come forth and join so as to make the Conference an ever more enriching experience.

**Veena Sharma**

## **Leisure Newsletter**

Programme of Szeged Mid-Term Conference

### **LEISURE, HEALTH AND WELL-BEING**

#### **Subtitle: HOLISTIC LEISURE AND HEALTH**

**Szeged, Hungary 18. – 20. September 2013.**

### **Mid-term Conference of Research Committee on *Sociology of Leisure* (RC 13)**

**Organiser:** Institute of Applied Health Sciences and Health Promotion, University of Szeged,  
JuhászGyula Faculty of Education

**Co-organiser:** Szeged Affiliation of the Hungarian Academy of Sciences, Scientific Committee on Medical Sciences, Working Committee on Health Promotion

#### **Programme**

##### **18. 09. 2013. Wednesday**

**Venue:** Town Hall. 6720 Szeged, 10-11. Széchenyi Square. 1<sup>st</sup> Floor, State Room

**13.00 – 18.00 - Registration**

##### **15.00 – 15.30 Opening Ceremony**

**Chair:** Klára Tarkó, PhD. University of Szeged, JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary

##### **Welcome speech**

**Prof.Dr.Gábor Szabó, Rector of the University of Szeged, Hungary**

**Prof.Dr.Imre Dékány, President of Szeged Affiliation of the Hungarian Academy of Sciences, Hungary**

##### **Award ceremony of the “For Health Promotion” Plaque.**

Master of ceremony: Prof.Zsuzsanna Benkő, President of the Working Committee on Health Promotion, Scientific Committee on Medical Sciences, Szeged Affiliation of the Hungarian Academy of Sciences, Hungary

##### **Welcome speech**

**Prof.Zsuzsanna Benkő, Head of the Institute of Applied Health Sciences and Health Promotion, JuhászGyula Faculty of Education, University of Szeged, Hungary**

**Dr.JózsefKozma**, Mayor's Office, President of Health Care and Social Committee, Szeged, Hungary

**15.30 – 16.30 – Plenary Session Part I.**

**Chair:** Prof.Dr.ImreDékány,President of Szeged Affiliation of the Hungarian Academy of Sciences, Hungary

**Prof.IshwarModi**, President of ISA RC13 Sociology of Leisure: Leisure, Health and Well-Being: The UltimateQuest of Humanity

**Mr.ZoltánPokorni**, Mayor of Hegyvidék district of Budapest and a representative in the municipality of Budapest: Rethinking educational spaces and frameworks for the sake of healthy leisure and healthy lifestyle

**Dr.habil. ZsoltDemetrovics**, EötvösLoránd University, Institute of Psychology: Exercise addiction: symptoms, assessment and epidemiology

**Prof.Dr.GyörgyCsepeli**, President of the Hungarian Sociological Association: Mental health and social network

**16.30 – 16.45. Break**

**16.45 – 18.00 Plenary Session Part II.**

**Chair:** Prof.Dr.GyörgyCsepeli, President of the Hungarian Sociological Association

**Dr.László Kiss-Rigó**, Bishop of Szeged-Csanád Diocese: Spirituality and Leisure in the Practice of the Catholic Church in Hungary

**Prof.Veena Sharma**, Former Fellow, Indian Institute of Advanced Study, Shimla, India and Secretary of ISA RC13:Pilgrimage in the Hindu tradition

**Mrs. Andrea Szegedi**, Hungarian National Tourist Office: Changes in demand and supply in the health tourism of Hungary between 2002-2012

**Ms.Zsuzsanna Papp**, Touristic Information Center,Szeged: Szeged - Lights, Baths, Festivals

**19.30 – 21.00 Welcome Reception**

**Venue:** Palace of Szeged-Csanád Diocese. 6720 Szeged, 2. Aradi vértanúk square

**19. 09. 2013. Thursday**

**Venue:** University of Szeged, JuhászGyula Faculty of Education, 6725 Szeged, 6. Boldogasszonysgt.

**8.00 – 13.00 - Registration**

**Sessions**

**9.00 – 10.30 - Session**

## ***Leisure as Pleasure or Pressure and Leisure and Lifelong Learning***

**Venue:** Room 1071

**Chair:** Prof. Karl Spracklen, Leeds Metropolitan University, UK

**Co-chair:** Prof.Dr.GyörgyBárdos, PhD. DSc.,EötvösLoránd University, Faculty of Education and Psychology, Institute for Health Promotion and Sport Sciences, Hungary

Name	Institute	Title of abstract
Dr. Colin Wringe	University of Keele, UK	Ethical Aspects of Leisure Choices and the Autonomous Chooser
Prof.Dr.GyörgyBárdos, PhD. DSc. and JúliaÁbrahám, Dr.	EötvösLoránd University, Faculty of Education and Psychology, Institute for Health Promotion and Sport Sciences, Hungary	Leisure and pleasure: Healthy, Useful, Pleasant – Why don't we do?
Dr. Vicki Harman	Royal Holloway, University of London, UK	Dancesport as Pressure and Pleasure
Prof. Karl Spracklen	Leeds Metropolitan University, UK	'This side of Paradise': The role of on-line fandom in the construction of leisure, wellbeing and the lifeworld.
LászlóLippai, PhD.	University of Szeged, JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary	Trapped by sense of comfort – leisure time consumption habits from the aspect of economic psychology
Dr. Iva Jedličková	University of Hradec Králové, Czech Republic	Leisure time activities and lifelong learning
Dr. Natalya Malygina and Ms.CathrineShiriaeva	Ural Federal University, Ekaterinburg, Russia	Professional English language study as a creative leisure time
RóbertStohl, PhD.	Hungarian Defence Forces, 5th "Bocskailstván" Infantry Brigade, Hódmezővásárhely, Hungary	Leisure and education in the 18th century in Hungary: a case study of count LászlóFestetics

**10.30 – 11.00 Coffee Break**

**11.00 – 12.30 – Parallel Sessions**

## **Medical Effects of Leisure**

**Venue:** Room 1071

**Chair:** Prof.Dr.GyulaSzabó, University of Szeged, Faculty of Medicine, Department of Pathophysiology, Hungary

**Co-chair:** Dr.habil. KingaLampek, University of Pécs, Faculty of Medical Sciences, Health Insurance Institute, Department of Health Promotion and Public Health, Hungary

Name	Institute	Title of abstract
Prof.Dr.GyulaSzabó	University of Szeged, Faculty of Medicine, Department of Pathophysiology, Hungary	Introductory remarks on the medical effects of leisure
Prof.Dr.István Bitter	Department of Psychiatry and Psychotherapy, Semmelweis University, Budapest, Hungary	Depressed people loose pleasure
Edit Paulik, PhD. MD.	University of Szeged, Faculty of Medicine, Department of Public Health, Hungary	The role of physical activity in smoking prevention
Dr.habil. KingaLampek, Dr.IstvánÁgoston, Ms.ZsuzsaKivés, Ms.ViktóriaPrémusz, Ms.RékaVajda and Prof.ImreBoncz	University of Pécs, Faculty of Medical Sciences, Health Insurance Institute, Department of Health Promotion and Public Health, Hungary	Relationship between leisure and health according to a 22-years lasting longitudinal study in Hungary
Prof.Dr.FerencHajnal	University of Szeged, Faculty of Medicine, Department of Family Medicine, Hungary	Leisure time medicine from the perspective of primary care physicians in Hungary
Melinda Látos, PálmaKriston, ZoltánHorváth, GyörgyLázár, Attila Paszt, ZsoltSimonka, MártaCsabai, Dr.	Department of Surgery, University of Szeged, Szeged, Hungary;  Institute of Psychology, University of Szeged, Szeged, Hungary	Associations of sedentary lifestyle and negative mood state with the risk of breast cancer
Ms.KatalinLacsán, Mr.ZoltánArany and Mr. Attila Farkas	SZKTT ESZI Dr.FarkasinszkyTeréziaYouth Drug Center, Szeged, Hungary	The role of leisure in prevention and treatment of addiction

**Lifestyle and Leisure I.**

**Venue:** Lecture Hall of the Interactive Natural Sciences Knowledge Repository

**Chair:** Prof. Robert Stebbins, University of Calgary, Canada

**Co-chair:** LászlóBalogh, PhD, University of Szeged, JuhászGyula Faculty of Education, Institute of Physical Education and Sports Sciences, Hungary

Name	Institute	Title of abstract
FerencGyőri, PhD and LászlóBalogh, PhD	University of Szeged, JuhászGyula Faculty of Education, Institute of Physical Education and Sports Sciences, Hungary	Rethinking the relationship between sport, recreation and tourism
Prof. Robert Stebbins	University of Calgary, Canada	Geographic bases of the leisure lifestyle in retirement: five types
Dr.AndrzejGórny and Prof.WojciechSwiatkiewicz	University of Silesia, Katowice, Poland	Leisure time – between a church and a shopping mall
Dr. Peter Kalkowski and Dr. Paul Gerd	Institute for Social research Göttingen, Germany	Wellness customers and their needs
Dr.VioledaUmalí	University of the Philippines Diliman, Philippines	Lifestyle and leisure: Leisure motivation, experiences and needs of call center agents in Metro manila, Philippines
Dr.Alok Kumar Meena	BSR Govt. Arts College, Alwar, Rajasthan, India	Transformation of leisure activities and lifestyle of tribals in Rajasthan
Dr.PranjalSarma	Dibrugarh University, Assam, India	Lifestyle, health and leisure: A study of the social structure of Tai Phakes of Assam, India

**12.30 – 13.00 – Lunch Break (Sandwich bar)**

**13.00 – 14.30 - Parallel Sessions**

***Leisure and Social Integration***

**Venue:** Room 1071

**Chair:** Prof.WojciechSwiatkiewicz, University of Silesia, Katowice, Poland

**Co-chair:** Mr.GyulaCserey, European Commission - Employment, Social Affairs and Inclusion, Brussels, Belgium

Name	Institute	Title of abstract
Mr.GyulaCserey	European Commission - Employment, Social Affairs and Inclusion Brussels, Belgium	Promotion of Health Opportunities in the European Union
Dr.JustynaKijonka	University of Silesia, Katowice, Poland	Ethnicity, leisure and popular culture
Mr.TamásPinczés, and Bettina Pikó, Dr.	Debrecen Sports Center, Hungary	Leisure-time physical activity among youth: Does social environment matter?
<i>Mr. LasberyUgochukwuMetu</i>	ImoState University Owerri, Nigeria	The impact of educational health well-being in Nigeria system of education
Dr.AgataZygmunt	University of Silesia, Katowice, Poland	Leisure as a mean of older people's integration (on the example of Silesian Voivodeship inhabitants)
Dr. SmitaSureshAwachar	Department of Sociology, Dr. B.A.M. University Aurangabad, India	Leisure Time Activities among Elderly in India
Dr. B. S. Gulshetty	Inmadar MSW P.G. College, Gulbarga, India	Leisure and health – a study on awareness and prevention of HIV/AIDS: a case study of rural community of Gulbarga District, India

### **Lifestyle and Leisure II.**

**Venue:** Lecture Hall of the Interactive Natural Sciences Knowledge Repository

**Chair:** Klára Tarkó, PhD., University of Szeged, JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary

**Co-chair:** Dr. Ivan Chorvát, MatejBel University, Banská Bystrica, Slovakia

Alan Law, Prof.Dr.	Department of Sociology, Trent University, Ontario, Canada	Modernity, Rurality and Leisure in Canada
Ádám Nagy, PhD. and Mr.LeventeSzékely	Excenter Research Centre, Hungary	Leisure time activities of young people in the perspective of youth researches
Dr Vicki Harman	Royal Holloway University of London, UK	Lunchboxes and Leisure: Analysing the connections
Mr.KálmánErcsei, Ms.ZitaKiss, Ms.RékaPlugor,	Max Weber Foundation for Social Research, Cluj-Napoca,	Patterns of leisure time preferences and

Ms.JúliaSzabó Dr.ValérVeres	and Romania	consumption in the context of a youth festival in Transylvania
KatarzynaPonikowska-Cichoń, PhD.	University of Silesia, Katowice, Poland	Determinants and manifestations of ecological lifestyle. The case of young people of Silesia.
Klára Tarkó, PhD. and Prof. Zsuzsanna Benkő	University of Szeged,JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary	Lifestyle research among upper-primary and secondary school pupils in Hungary, Southern Great Plains Region (2012)
Dr. Ivan Chorvát	MatejBel University, BanskáBystrica, Slovakia	Holidays in Slovakia and in the Czech Republic – differences and main trends

**14.30 – 15.00 – Coffee Break**

**15.00 – 16.30 - Parallel Sessions**

### ***Spirituality and Leisure***

**Venue:** Room 1071

**Chair:** Prof.ZsuzsannaBenkő,University of Szeged, JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary

**Co-chair:** Prof.Veena Sharma, Former Fellow, Indian Institute of Advanced Study, Shimla, India and Secretary of ISA RC13

Name	Institute	Title of abstract
Prof.IstvánKamarás	Sociologist, DSc. Budapest, Hungary	Religiosity, way of life, habitude
Mr.GusztávTornóczky	Department of yoga sciences, BhaktivedantaCollege, Budapest, Hungary	How yoga-based meditation can enhance the quality of life
Prof.WojciechSwiatkiewicz	University of Silesia,	Sacred routes of pilgrimage. The quest for religious experience

and Dr.AndrzejGórny	Katowice, Poland	and leisure
Dr.Sukant K. Chaudhury	Department of Sociology, University of Lucknow, India	Spirituality and Leisure: reflections on tribals in India
Dr. Attila Thorday	SzentMihály Parish, Szeged-Szentmihály, Hungary	The effects of local parochial initiations on the life of a suburban community
Dr.ZsoltMarkovics	Chief Rabbi, Synagogue of Szeged, Hungary	Leisure in the Light of Jewish Traditions
Prof. Zsuzsanna Benkő, Dr. Zoltán Komáromi, MD., Frank J. Klausz III. and Dr. Péter Lehoczky, MD.	Commandery of Hungary of the Sovereign Order of Saint John of Jerusalem, Knights Hospitaler, Budapest, Hungary	Activities during the history of the Commandery of Hungary of the Sovereign Order of Saint John of Jerusalem, Knights Hospitaler

***Young Researchers' section***

**Venue: Lecture Hall of the Interactive Natural Sciences Knowledge Repository**

**Chair:** Prof. Gaye Heathcote, Professor Emeritus of Health and Social Care. Manchester Metropolitan University, UK

**Co-chair:** Mrs.BernadettKis, University of Szeged, JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary

Name	Institute	Title of abstract
Ms.Lele Anita	University of Szeged Graduate School of Educational Sciences, Hungary	The social representation of health and illness pilot study
Ms.DóraHegedűs KláraTarkó, PhD.	University of Szeged, JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary	The situation of health promotion and its judgement in the educational institutions of Kecskemét, in reflection of the National Core Curriculum 2012
Ms. Anita Krausz, Mr. Arnold Nagy, Ms.ÁgnesBálint, Mr.Ákos Nagy-Hevesi, Ms.KittiFranciskaFerencz, Ms.CsillaCzoldán, Ms.DalmaBereczky, Mr.SándorSzabó, Mr.MátéKis	University of Szeged,JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary	Teachers' health awareness

and KláraTarkó, PhD.		
Ms.ÁgnesBadár	University of Szeged, JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary	Sauna culture and the role of sauna in recreation and health promotion among university students of Szeged and Turku
Mrs.Vili-SzabóBernadett and Mrs.BernadettKis	University of Szeged, JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary	Leisure – play – health as the opportunities of outdoor gyms
Mr.BarnabásBoros LászlóLippai, PhD.	University of Szeged, JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary	The effect of recreational sports on patients with IBD

**During each break e-posters are projected:**

Mrs.JuditPálmai	University of Szeged, JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary	Family leisure time in the textbooks
Dr. Edit Nagy	University of Szeged, JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary	Reading and Leisure Some 'fractal property' in novel world of ImreKertész and GézaOttlik
Ms.MáriaKucsera and Edit Paulik, PhD. MD.	University of Szeged, Faculty of Medicine, Department of Public Health, Hungary	Dance therapy for Parkinson's disease patients
Dr. Natalya Malygina and Ms.CathrineBrekhova	Ural Federal University, Ekaterinburg, Russia	Water aerobics as a leisure and lifestyle
Ms.VeronikaMátó	University of Szeged, JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary	Health status and lifestyle among the staff of Juhász Gyula Faculty of Education, University of Szeged

**17.00 – 18.00 – Visit to the Synagogue of Szeged**

guided by Dr.ZsoltMarkovics, Chief Rabbi

**19.00 – 20.00 – Church Organ Concert, Dóm of Szeged.**

**20.00 – Free time- Wine Festival at Dóm Square**

**20. 09. 2013. Friday**

**Venue:** University of Szeged, JuhászGyula Faculty of Education, 6725 Szeged, 6. Boldogasszonysgt.

**9.00 – 10.30 – Parallel Sessions**

***Leisure and Rehabilitation – The Effects of Health Status on Leisureand Leisure and Mental Health***

**Venue:** Lecture Hall of the Interactive Natural Sciences Knowledge Repository

**Chair:** Dr. Ma Huidi, Chinese National Academy of Arts, Beijing, China

**Co-chair:** LászlóLippai, PhD.,University of Szeged, JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary

Name	Institute	Title of abstract
Dr. Rita Mikulán and Dr. Bettina Pikó	University of Szeged, JuhászGyula Faculty of Education, Institute of Physical Education and Sports Sciences, Hungary	Influence of regular physical activity on adolescents' body weight control.
Dr. Ma Huidi	Chinese National Academy of Arts, Beijing, China	Park and public health. A case study of Xuanwu Park in Beijing
Prof.PremSagarVivek	Department of Sociology, University of Mumbai, India	Health, well-being and issues of leisure among slum-dwellers of Mumbai (India)
Dr.AnjuBeniwal	Govt. Meera Girls College, Udaipur, India	Role of leisure acts and mental health

Dr.Dietmar Goelitz, Christine Trenkamp and Prof.Dr. Peter Paulus	Leuphana University Lueneburg, Center of Applied Sciences for Health, Germany	Leisure activities in care homes – how do they relate to the well being of the elderly?
Dr. Regina Molnár, Dr.ZoltánSági, Dr. Edmond Girasek and Dr.MD. Edit Paulik	University of Szeged, Faculty of Medicine, Department of Public Health, Hungary	Mental health and leisure activities among university students

### **Creative and Cultural Leisure**

**Venue:** Room 1071

**Chair:** Dr. B. S. Gulshetty, Inmadar MSW P.G. College, Gulbarga, India

**Co-chair:** Dr.JózsefnéDombiDr.ErzsébetKemény, University of Szeged, JuhászGyula Faculty of Education, Department of Music, Hungary

Name	Institute	Title of abstract
Prof.Gaye Heathcote	Professor Emeritus of Health and Social Care. Manchester Metropolitan University, UK	The sea, the sea ... Historical and sociological perspectives on the shaping of sea-side leisure in rural Wales.
Mr.GáborTarkó	StateStud of Mezőhegyes Ltd., Hungary	Cultural programmes based on tradition – Leisure and recreation in a historic town in the 21 <sup>st</sup> century
Mr.Suhas. Rajaguru and Dr. B. S. Gulshetty	IMMADAR MSW College Gulbarga, India	Leisure and TourismWell-Being: A CaseStudyon Art &ArchitectureImplementedin The GulbargaDistrict – India
Dr.JózsefnéDombiDr. ErzsébetKemény	University of Szeged, JuhászGyula Faculty of Education, Department of Music, Hungary	A healthy lifestyle and recreational forms of Kodály's oeuvre
MihálynéTarkó and KláraTarkó, PhD.	University of Szeged, JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion	Health Promotion and Handicraft
Mr.SzabolcsHajdu	Rotary Club, Hungary	"For the community, with friendship"
Mrs.BernadettKis	University of Szeged,JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion	Community-supported agriculture from the perspective of leisure and health; Vegetable box scheme in Szeged

**10.30 – 11.00 – Coffee Break**

**11.00 – 12.00 – Closing Plenary Session**

**Venue: Room 1071**

**Chair:** Prof.IshwarModi, President of ISA RC13 Sociology of Leisure

**Co-chair:** Prof.ZsuzsannaBenkő,President of the Scientific Committee of the conference,University of Szeged, JuhászGyula Faculty of Education, Institute of Applied Health Sciences and Health Promotion, Hungary

Session Chairs' report and discussions

**12.30 - Departure to Mezőhegyes (optional social programme)**

Dinner, horse riding, sightseeing with horse and carriage, visiting the biggest museum of county Békés, visiting historic monuments.



## XVIII ISA WORLD CONGRESS OF SOCIOLOGY

FACING AN UNEQUAL WORLD:  
CHALLENGES FOR GLOBAL SOCIOLOGY



13-19 July 2014

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## Research Committee on Sociology of Leisure, RC13

Program Coordinator

Ishwar MODI, India International Institute of Social Sciences, India,  
[iiiss2005modi@yahoo.co.in](mailto:iiiss2005modi@yahoo.co.in)

**Session 1 and 2: Leisure in an Unequal World: Global Reflections (Invited Presidential Sessions)**

**Organizer and Chair:** Ishwar MODI, India International Institute of Social Sciences, India,  
[iiiss2005modi@yahoo.co.in](mailto:iiiss2005modi@yahoo.co.in)

Inequality and domination present the deepest barriers to tackling the daunting challenges of our times. It is the presumption of this Congress that “instability and uncertainty that characterize the world today have their origin in the fact that an immense and vertiginous accumulation of wealth by a few has precipitated the dispossession, impoverishment and exclusion of millions of human beings in all latitudes of our planet. Even though it is true that not a single society has been free of this historical condition, we must accept that throughout the 20th century, particularly in its last three decades, social polarization has been aggravated by a tragic combination of institutional intolerance, war, socio/natural disasters and the neglect, relegation or even dismantling of models of social organization centered on the value and defense of common and public services and institutions.” None of the present day social institutions and social phenomena can claim not to have been impacted by global inequality. Leisure as a social phenomenon of utmost importance in human life has also been impacted by inequality to the utmost. While the centrality of leisure, which is one of the most cherished goal in life, and not a tool like money and power to achieve the desired quality of life and leisure, can hardly be overemphasized. It is equally true that leisure and our leisure dreams are deeply related and intertwined with such other social categories and phenomena as education, children, youth, ageing, family, women, work, volunteering, migration, community cohesion and ethnic relations, urbanization, environment, science & technology, health and happiness, quality of life, body, media and communication, social transformation, sports, tourism, culture, and the arts. This session will reflect upon the patterns and the practices of leisure as are existing and operative in today’s unequal world in global perspective.

### **Session 3: Theories and methods in leisure research: New challenges in an era of increased global flows and inter-dependence alongside wider inequalities.**

**Organizer:** Ken ROBERTS, University of Liverpool, UK, [k.roberts@liverpool.ac.uk](mailto:k.roberts@liverpool.ac.uk)

The number of countries represented in RC13 increases from conference to conference. This is just one aspect of globalisation. There are also increasing international flows in and for leisure of tourists, sounds, images and other kinds of text. This may lead to global convergences in leisure and its uses, but it may also accentuate differences, especially in an era of widening inequalities between and within countries. Ulrich Beck has claimed that methodological nationalism is outdated in our present age. Papers are invited which consider whether and how research methods and theories of leisure need to adapt.

### **Session 4: Leisure, Culture and the Arts in times of Turmoil**

**Organizers:** Lynne CIOCHETTO, College of Creative Arts, Massey University, New Zealand, [L.M.Ciochetto@massey.ac.nz](mailto:L.M.Ciochetto@massey.ac.nz), and Mokong Simon MAPADIMENG, North-West University, South Africa, [mokong.mapadimeng@nwu.ac.za](mailto:mokong.mapadimeng@nwu.ac.za)

The defining issues of the 21st century—environmental issues and climate change—will impact on every facet of contemporary life. It can be argued that the same global forces that brought on the economic crisis of 2008—the unregulated expansion of contemporary capitalism—brought about the acceleration in climate change in recent decades. Responding to climate change requires a major cultural shift in values, behavior and the economy. Every sector will need to change. One of the most significant changes to contemporary leisure will be the curtailing of travel, by air and land. Issues of waste and the over consumption of scarce resources will bring a halt to consumerism and shopping as a leisure activity. People are going to have to live within their ecological footprint. These changes will also impact on arts and culture. The decline of travel will affect the tourism and the automobile sectors. Leisure and holidays will be spent nearer home. Localization of leisure could stimulate local culture and the arts, as well as prompting more ‘virtual’ experiences and time spent using new technology. The arts will also play a key role in leading the critique of contemporary society and stimulating change. Digital technologies can help in ‘imagining’ this new future as contemporary societies adjust to a massive cultural shift in values that is as significant as the advent of capitalism in the nineteenth century.

### **Session 5: Leisure and Quality of Life**

**Organizers:** Ma HUIDI, Center for Leisure Studies, Chinese National Academy of Arts, Beijing, China, [mahuidi@china.com](mailto:mahuidi@china.com) and Wei XIANG, Director Center of Leisure Economy Research, Beijing International Studies University

Leisure is not only one of the basic living conditions, but also the core factor of quality of life. According to Aristotle science, philosophy, art and religion are factors that impact the quality of life. They are also elements that are fundamental to the experience of the highest form of leisure.

But the human being today is undergoing restlessness being occupied with too many things and has no time for reflection – an element that is necessary for the growth and experience of science, philosophy, art and religion. The overindulgence in sensual pleasures and materialistic preoccupations takes a person away from a leisured experience which is essential for enhancing the quality of life.

The paradox today is to use the free time available in a judicious way so as to improve the quality of life and not be given only to physical and material pleasures. The aim of this session is to evoke a discussion on the relationship between leisure and the quality of life.

### **Session 6: The Place of Leisure in Contemporary Japanese Culture and Family Life**

**Organizers:** Scott NORTH, Osaka University, Japan, [north@hus.osaka-u.ac.jp](mailto:north@hus.osaka-u.ac.jp) and Ishwar MODI, India International Institute of Social Sciences, India, [iiiss2005modi@yahoo.co.in](mailto:iiiss2005modi@yahoo.co.in)

Leisure has been seen as insignificant or inappropriate for serious study, with foreign scholars even warned away from the topic by their Japanese hosts. Consequently the place of leisure in Japanese life is under-researched. For this panel, we seek papers that will begin to address this gap in our knowledge of the changing forms and importance of leisure in Japan. Across its long history, gender, caste, and class-based differences in leisure, as well as age-graded differences in Japanese leisure pursuits are evident. How this past informs contemporary leisure is one area of interest. In addition, now that Japan has become a mature economy, leisure appears to play a significant role in contemporary Japanese family life, but exactly what people are doing in their leisure time, and how these leisure practices influence cultural and lifestyle ideals in Japan is unclear. We encourage the submission of papers that shed light on the role of play and leisure in shaping the lives of Japanese children and young people, retirees, and families. We also welcome papers addressing the recent decline of the workplace as a site for leisure.

### **Session 7: Leisure, Market Capitalism and the State in East Asia**

**Organizers:** Robert STEBBINS, University of Calgary, Canada, [stebbins@ucalgary.ca](mailto:stebbins@ucalgary.ca) and Scott NORTH, Osaka University, Japan, [north@hus.osaka-u.ac.jp](mailto:north@hus.osaka-u.ac.jp)

This panel seeks papers that address questions related to the theme of leisure and the state in the context of rapidly developing, highly industrialized market capitalism in the hard working societies of East Asia (Japan, Taiwan, China, South Korea). The aim of the panel is to stimulate a geographically balanced dialogue and comparison of the trajectories of leisure in East Asia. Submissions may be about any aspect of leisure, markets and states in East Asia. Suggestions include, the influence of “developmental state” industrial fetishism and top-down social planning on leisure pursuits, reflections on the condition of indigenous, grassroots, and pre-industrial leisure activities in the face of market pressures and commercialization of leisure, the disappearance of native leisure under industrial and post-industrial cultural and legal regimes, and the importation of “modern” notions and forms of leisure. Papers for this panel may also consider the role of East Asia’s comparatively long work hours and other socio-economic and cultural constraints on leisure.

### **Session 08: Business Meeting**

**Organizers:** Ishwar MODI (President, ISA RC 13) and Veena SHARMA (Executive Secretary/Treasurer, ISA RC 13)

### **Session 9: The legitimization of emotion in leisure practices across genders and generations**

**Organizers:** **Fabio LO VERDE**, University of Palermo, Italy, [fabiomassimoloverde@libero.it](mailto:fabiomassimoloverde@libero.it) and **Gianna CAPPELLO**, University of Palermo, Italy, [gianna.cappello@unipa.it](mailto:gianna.cappello@unipa.it)

Generations, in different countries, have often had specific, generation-bound ways of engaging in leisure practices. Accordingly, the emotions associated to them have been differently legitimated throughout the years. Some of them were legitimate and socially shared in certain historical moments, some others were instead condemned. What are the orientations of contemporary generations with regards to the emotions which are considered legitimate and experienced in their leisure time? What are the differences within generations and genders in different countries? To reflect on these forms and practices of leisure implies to think about either the importance of leisure in postmodernity or the importance of emotions in leisure decisions.

### **Session 10: Leisure and Healthy Ageing**

**Organizer:** **Francis LOBO**, Edith Cowan University, Perth, Australia, [f.lobo@ecu.edu.au](mailto:f.lobo@ecu.edu.au)

Ageing and Health are common ground in an unequal world. Research informs us that leisure offer benefits towards healthy ageing in terms of physical, psychological, social and spiritual aspects of human wellbeing. Participation in physical activity contributes to overall health, despite constraints to active lifestyles. Happiness, cognitive functioning and vitality are the psychological benefits of leisure. Social wellbeing is known to accrue from leisure activity and is particularly beneficial in therapeutic recreation. The role of leisure in spiritual activity has coping modalities in various cultural traditions. Theorists and practitioners are invited to contribute new knowledge or confirm findings on the role of leisure in promoting healthy ageing by submitting papers for the Yokohama Congress in 2014.

### **Session 11: Round Tables on Multi-Dimensionality of Leisure**

**Organizers:** **Alan LAW**, Trent University, Canada, [alaw@trentu.ca](mailto:alaw@trentu.ca) and **Veena SHARMA**, Prajna Foundation, India, [vsharma136@gmail.com](mailto:vsharma136@gmail.com)

With increasing possibilities of huge numbers of peoples moving from one part of the globe to another as a result of globalisation and opening up of frontiers that otherwise had remained closed or only partially open, the world is becoming more and more multicultural in form. Leisure, as a fundamental component of human life has not remained untouched by this phenomenon. Multifarious forms of leisure that are hybrid in nature have emerged as a result of interactions of peoples that earlier may not even have heard about each other. Other than this, there is the policy of opening up to erstwhile marginalised cultures that are now beginning to make an appearance in metropolises and other areas.

Multidimensional leisure is allowing varied peoples to mingle and create spaces where reconciliation and harmony can take place. Papers in this session will focus on the integration of erstwhile neglected cultures so as to broaden the domain of leisure and explore its potential for bringing varied peoples together.

## **JOINT SESSIONS**

### **Session 12: Leisure and Education in an Unequal World**

**Joint Session of RC 04 Sociology of Education and RC 13 Sociology of Leisure (Host Committee)**

**Organizer:** A. Gary DWORKIN, University of Houston, USA, [gdworkin@Central.uh.edu](mailto:gdworkin@Central.uh.edu) and Karl SPRACKLEN, Leeds Metropolitan University, UK, [k.spracklen@leedsmet.ac.uk](mailto:k.spracklen@leedsmet.ac.uk)

As education becomes increasingly instrumentalized, so does the everyday practice of leisure – and this instrumentalization shapes, and is shaped by, the inequalities that run through the modern world. However, leisure and education remain sites for human potential, human agency and human creativity. Where leisure and education meet, in innovative pedagogies and practices, there are opportunities for resistance to the instrumentality of the modern world. This joint session will be a site to debate the interconnections between leisure and education, the good practice and the agency, as well as the challenges and threats. Contributions are invited from researchers and theorists interested in leisure studies, education studies, innovative pedagogies and practices; and academics exploring the prevailing hegemony of global capitalism and its impact on human agency in leisure, education, and leisure education.

### **Session 13: Leisure and family: A mutually supportive relationship**

**Joint Session of RC 06 Family Research and RC 13 Sociology of Leisure (Host Committee)**

**Organizers:** Rudolf RICHTER, University of Vienna, Austria, [rudolf.richter@univie.ac.at](mailto:rudolf.richter@univie.ac.at) and Ishwar MODI, India International Institute of Social Sciences, Jaipur, India, [iiiss2005modi@yahoo.co.in](mailto:iiiss2005modi@yahoo.co.in)

The most important social unit the family can be both a highly constructive and supportive institution and also the most destructive one. Just as family nurtures its wards so too the family needs to be nurtured. Can leisure have a role in maintaining and supporting the family as a unit? Can it help promote more integrated and supportive family relationships? Families sharing leisure activities may have healthier social attitude as they may have a more egalitarian approach to human relationships. Just as leisure can support better family ties so too, some of the most fulfilling leisure activities may be found within the family set up.

### **Session 14: Revitalizing the Future of Leisure**

**Joint Session of RC 07 Futures Research and RC 13 Sociology of Leisure (Host Committee)**

**Organizers:** Markus SCHULZ, New York University, USA, [markus.s.schulz@gmail.com](mailto:markus.s.schulz@gmail.com) and Scott NORTH, Osaka University, Japan, [north@hus.osaka-u.ac.jp](mailto:north@hus.osaka-u.ac.jp)

Joseph Pieper's seminal 1948 essay, "Leisure: the Basis of Culture" set out a philosophical rationale in which civilization itself originated in the practices of leisure. For Pieper, leisure was essential for perceiving reality, for contemplating and appreciating the divine in nature and in ourselves. The modern world, however, is restless; what we call leisure most often consists of trivializing distractions and "entertainments," which, in tandem with the cult of work, have obliterated opportunities to be effortless. Leisure generally exists today either as something done to us or as preparation for still more labor. It is not strange to wonder if human civilization so constituted can long retain its humanity. The revitalization of leisure is an urgent moral need. This panel explores possibilities for a revitalized leisure future. In the spirit of Eric Olin Wright's Envisioning Real Utopias (2010), we seek papers that contribute data, case studies, or theoretical perspectives to help answer the question of how real leisure can be reclaimed and how the realm of freedom can be expanded. Research analyzing forces that stand in opposition to such a restoration is also welcome, as are submissions from all geographical regions and methodological persuasions.

### **Session 15: Facing the End of "Leisure Culture" in today's Unequal World**

#### **Joint Session of RC 13 Sociology of Leisure and RC 14 Sociology of Communication, Knowledge and Culture (Host Committee RC 14)**

**Organizers:** Christiana Constantopoulou, Panteion University, Greece, [christiana@panteion.gr](mailto:christiana@panteion.gr) and Ishwar Modi, India International Institute of Social Sciences, India, [iiiss2005modi@yahoo.co.in](mailto:iiiss2005modi@yahoo.co.in)

During the past hundred years, leisure has taken on significance in the western industrial societies and become a mass phenomenon; J. Dumazedier argued that it is **part of the contemporary civilization**, deeply rooted in the conquests of the machine age, but at the same time opposed to all the physical and moral constraints born of this age.

Leisure activities are a privileged zone of accomplishment in the contemporary culture, and the **values of leisure ("leisure culture")** – or in the words of M. Wolfenstein "**fun morality**" – are among its most widespread and attractive components (even though social inequalities in front of leisure activities have always existed).

Yet, after the "age of **wealthiness**" (roughly from 1950 to 1990), of the Western societies), new conditions (the economic crisis, the pauperisation of more and more categories of people) make the right to "leisure" less evident; on the other hand the new media give new possibilities (even to the disadvantaged categories), for a virtual access to leisure possibilities (such as movies or serial watching and game playing).

Under these circumstances, can we still refer to "leisure" as to the most widespread and attractive component of the contemporary (mass) culture?

### **Session 16: Leisure and the Pursuit of Health and Happiness in an Unequal World**

#### **Joint Session of RC 13 Sociology of Leisure (Host Committee) and RC 15 Sociology of Health**

**Organizers:** Ishwar MODI, India International Institute of Social Sciences, India, [iiiss2005modi@yahoo.co.in](mailto:iiiss2005modi@yahoo.co.in), Ivy BOURGEAULT, University of Ottawa, Canada, [Ivy.Bourgeault@uottawa.ca](mailto:Ivy.Bourgeault@uottawa.ca) and Jonathan GABE, University of London, United Kingdom, [j.gabe@rhul.ac.uk](mailto:j.gabe@rhul.ac.uk)

"Life, Liberty and the pursuit of Happiness" is one of the most famous phrases in the United States Declaration of Independence, also considered by some as one of the most influential sentences in the history of the English language. To what extent are these so called "inalienable rights" of man – in pursuit of happiness – actually realised in life as it is lived today? Which is the domain which would be most conducive to their realisation?

It is not only liberty but health too needs to be looked upon as a fundamental right of all human beings wherever or in whatever kind of society they may be living in. Without physical and mental health any talk of happiness would remain an empty slogan. The fundamental question now is as to how, in today's uneven and unequal world, can we secure health and ensure happiness? To what extent is leisure, another fundamental human requirement, is conducive to realization of good health? What are the forms of leisure that could be made available to people around the world by which they can access those forms without the need to expend too many resources on them?

### **Session 17: Leisure and the Reproduction of Inequality**

**Joint Session of RC 13 Sociology of Leisure and RC 28 Social Stratification (Host Committee)**

**Organizers:** Dan KRYMKOWSKI, University of Vermont, USA, [daniel.krymkowski@uvm.edu](mailto:daniel.krymkowski@uvm.edu) and Ishwar MODI, India International Institute of Social Sciences, India, [iiiss2005modi@yahoo.co.in](mailto:iiiss2005modi@yahoo.co.in)

Leisure pursuits are studied much less often in stratification research than "valued rewards" like education, occupational status, and income. However, there is some evidence that leisure plays a role in building portfolios of important assets, such as cultural and social capital. Rather than simply documenting inequality in the consumption of leisure, I shall look for papers that go beyond this and seek to demonstrate leisure's wider importance in maintaining structures of inequality.

### **Session 18: Women, Leisure and Gender Politics in Globalising Times**

**Joint Session of RC 13 Sociology of Leisure (Host Committee) and RC 32 Women in Society**

**Organizers:** Ishwar MODI, India International Institute of Social Sciences, India, [iiiss2005modi@yahoo.co.in](mailto:iiiss2005modi@yahoo.co.in) and Cynthia JOSEPH, Monash University, Australia, [cynthia.joseph@monash.edu.au](mailto:cynthia.joseph@monash.edu.au)

This session examines the ways in which women experience inequalities in gaining access to leisure activities in globalising times. Leisure activities amongst family and community members are gender-specific and age-specific realities. In a globalized world, information communication technology including commercial entertainment and electronic devices in domestic space has changed the patterns of leisure amongst women. The papers in this session examine how these new forms of technology are related to gender and cultural politics, and social inequalities in terms of women's access to leisure activities.

## **Session 19: Leisure as an agency for collective mobilization of youth and the quest for equality**

### **Joint Session of RC 13 Sociology of Leisure (Host Committee) and RC 34 Sociology of Youth**

**Organizers:** Ishwar MODI, India International Institute of Social Sciences, India, [iiiss2005modi@yahoo.co.in](mailto:iiiss2005modi@yahoo.co.in) and James CÔTÉ, University of Western Ontario, Canada, [cote@uwo.ca](mailto:cote@uwo.ca)

The first decade of 21<sup>st</sup> century in the globalized world can be characterized by large scale social movements monopolized by younger generation of the respective nation-states. Educated as well as enlightened youth everywhere, after professional roles, is on street with a sense of collective solidarity and addressing publicly those social issues which challenge market fundamentalism. The active use of computer technology for fastest inter-communication, music, street play, literary expressions and innovative styles of display reveal that structural organs of leisure now act as agent for collective mobilization by youth in order to create that future where equality occurs as core value of social life.

## **Session 20: Global Environmental Degradation: Leisure and Tourism Perspectives**

### **Joint Session of RC 13 Sociology of Leisure (Host Committee) and RC 50 International Tourism**

**Organizers:** Ishwar MODI, India International Institute of Social Sciences, Jaipur, India, [iiiss2005modi@yahoo.co.in](mailto:iiiss2005modi@yahoo.co.in) and Margaret SWAIN, University of California, Davis, USA, [mbswain@ucdavis.edu](mailto:mbswain@ucdavis.edu)

Tourism, an important leisure activity may both nourish and degrade the environment. Sensitive leisure and tourism practices invite participants to savour nature responsibly. The introduction of faith and eco- tourism is helping to make ordinary consumeristically oriented tourists to see nature differently. Today's globalised environment calls for greater awareness and spreading and enabling of leisure and tourism practices that generate sensitivity to the environment. As such tourism, a leisure activity, may become a positive factor not only in sustaining environment but making future generations more sensitive to it. Social and economic inequalities that affect the environment differently could, perhaps, be reduced if diverse peoples came together through leisure tourism, which may take many forms.

## **Session 21: Children and Leisure: Intersectional Inequalities**

### **Joint Session of RC 13 Sociology of Leisure (Host Committee) and RC 53 Sociology of Childhood**

**Organizers:** Ishwar MODI, India International Institute of Social Sciences, Jaipur, India, [iiiss2005modi@yahoo.co.in](mailto:iiiss2005modi@yahoo.co.in) and Loretta BASS, University of Oklahoma, United States, [lbass@ou.edu](mailto:lbass@ou.edu).

Intersectionality theory grew out of a critique of models of inequality which framed social forces as operating in layered or additive ways and explores how different socio-cultural categories, such as gender, ethnicity, race, class, sexuality, age/generation, nationality etc. ... 'intra-act', and mutually transform one other, while interplaying (Yuval-Davis, 2006, Lykke, 2005). But unfortunately, the current literature on leisure and children suffer from a serious lack of critical theoretical and empirical engagement from intersectional point of view. In spite of Beccy Watson's (2008, 2009, 2010, 2011) pioneering works on identities, leisure, changing cities and intersectional approaches in the critical, social analysis of leisure and sport, both Childhood and Leisure Studies have been paying only paltry attention to the intersectional approach while analyzing the interrelationship between children and leisure. In the light of the theme of the Congress Facing an Unequal World ,this particular session will devote to address issues how diversified leisure activities of children can be analyzed from a complex models of inequality by applying intersectional approach at the levels of family, civil society organizations and especially state. The session aims to highlight the viability of the application of intersectional perspective by focusing on multiple inequalities in accessing different forms of leisure by different groups of children from different social, national, ethnic, racial and other locations in a globalised world.

**Session 22: Reinstating the Body: Equal footing for the spiritual and the physical, a leisure approach**

**Joint Session of RC 13 Sociology of Leisure and RC 54 The Body in the Social Sciences (Host Committee RC 54)**

**Organizers:** **Bianca Maria Pirani**, University of Roma La Sapienza, Italy  
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Many religions, in their quest for a spiritual salvation have tended to denigrate the body as not worthy of much attention as it is only matter. The person thus needs to rise 'above the body' to be able to have access into the realm of the Divine. The quest on the twenty-first Century is to bring the body and soul together and recognise both as Divine. In the process the physical surroundings would also be recognised as a creation of the Divine and thus worthy of veneration and protection. The approach to one's body would help to define the approach to the environment, thus helping to preserve the planet. Leisure practices and leisure time have a role to play in this understanding.